



The Invisible Counselors WORKBOOK



invisiblecounselors.com

Andrea de Michaelis

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THE INVISIBLE COUNSELORS WORKBOOK

by Andrea de Michaelis

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TABLE OF CONTENTS



<i>Why this Workbook?</i>	5
<i>Chapter 14 of Napoleon Hill's book Think And Grow Rich</i>	6
<i>How To Use This Workbook</i>	14
<i>Let's Begin</i>	14
<i>Setting the Scene</i>	14
<i>Time to Work</i>	15
<i>Discover Your Counselors</i>	15

QUESTIONS

<i>What should my priorities be at this time?</i>	16
<i>What concrete first steps may I take to make that happen?</i>	17
<i>What is draining me of energy?</i>	18
<i>Where are my areas of incompleteness?</i>	19
<i>What steps may I take to improve my mental health and clarity?</i>	20
<i>What makes me feel inspired and hopeful?</i>	21
<i>What does it mean to have a good life?</i>	22

EXPLAIN ONE SITUATION YOU ARE ASKING GUIDANCE ON

<i>Where exactly in this situation do I have choices?</i>	23
<i>What exactly are my choices?</i>	24
<i>In this situation, what do I do that will take me where I want to go?</i>	25
<i>What is at risk in this situation?</i>	26
<i>What are the consequences of continuing with this situation?</i>	27

A PERSON YOU ARE READY TO BE FREE OF

<i>Where exactly in this situation do I have choices?</i>	28
<i>What exactly are my choices?</i>	29
<i>What choice, what action do I make that will take me where I want to go?</i>	30
<i>What would you do to solve the problem if you were in charge?</i>	31
<i>Name one small step I might take toward a solution:</i>	32

TABLE OF CONTENTS CONTINUED

A PERSON YOU ARE READY TO BE FREE OF (CONTINUED)

<i>What would the highest possible outcome of the problem be?</i>	33
<i>What elements of the situation could be preserved and which need to go?.....</i>	34
<i>What would you do to contribute toward a resolution?</i>	35
<i>How can I see the situation in a new way?</i>	36
<i>How would it feel if things work out as I would like?.....</i>	37

INCOME

<i>What product, service, talent, or idea could I use to earn money?.....</i>	38
<i>How much money could I earn per month as I am successful?.....</i>	39
<i>How long will it take to accomplish this?</i>	40
<i>What steps do I need to take to accomplish my goals?</i>	41
<i>I would like to know what my strengths are.....</i>	42
<i>What should I place my focus more on now to attract more dollars.....</i>	43

MISCELLANEOUS

<i>What might I be able to do if I were not so</i>	44
<i>What would look significantly different in my life if.....</i>	45
<i>What opportunities are available to me right now?</i>	46
<i>How is continuing my particular bad habit serving me?.....</i>	48
<i>What can I really control?</i>	49
<i>How do I sabotage my own success?.....</i>	50
<i>Why don't I apply all the good things I learn and know?</i>	51
<i>Why am I doing all this?</i>	52

MY SESSIONS

<i>My Think and Grow Rich script for 8-20-07.....</i>	54
<i>The Think and Grow Rich Manifestion Process.....</i>	55
<i>My Invisible Counselors 1st council 8-20-07 The Choosing</i>	56
<i>My Invisible Counselors 2nd council 8-23-07.....</i>	58
<i>My Invisible Counselors 3rd council 8-27-07.....</i>	60
<i>My Invisible Counselors 4th council 8-29-07.....</i>	66
<i>My Invisible Counselors 5th council 8-31-07.....</i>	68
<i>My Invisible Counselors Council 3-18-08.....</i>	69
<i>About Andrea de Michaelis.....</i>	71
<i>Your Own Personal Questions and worksheet.....</i>	72
<i>Your Notes</i>	74



WHY THIS WORKBOOK???

The many changes that have come about the past couple of years in my life have been fueled by a new process I've been doing: the **Invisible Counselors** process. In the book *Think and Grow Rich* (available free at secret2dollars.com) Napoleon Hill wrote that over a long period of years he held an imaginary council meeting with "invisible counselors." He wrote *"The procedure was this. Just before going to sleep at night, I would shut my eyes, and see, in my imagination, this group of men seated with me around my Council Table. Here I had not only an opportunity to sit among those whom I considered to be great, but I actually dominated the group, by serving as the Chairman."*

He asked them questions and listened to their advice. When he opened his mind to the invisible counselors, it made him receptive to new thoughts and ideas from his subconscious mind.

With this Workbook, you will discover who your **Invisible Counselors** are, and you will record your sessions with them. I share some of my own sessions with you as well.

The exercises in this workbook are designed to help you to carve those neural pathways, through the mental muscle memory in your mind and let you become practiced at it. As you entertain new thoughts and beliefs, you realize more and more what is possible for you and you will attract better and better guidance.

AN INVITATION FOR YOU TO JOIN ME

I had a lot of success and a lot of fun using the **Invisible Counselors Workbook** and would like to invite you to join me in it. Email me at horizonsmagazine@gmail.com and let me know who's at your council, living or dead, and why. Let me know what insights you get and how you're applying them.

EXCERPT: "The meeting took on a life of its own after that in almost a whirlwind that had me frantically writing notes and wishing I was

at the keyboard but not wanting to get up and move and break the flow of info. We outlined areas of life to be assessed for goals, including income, products, services, investments, health & fitness, organizational goals, jobs to create, work to delegate. We listed repairs and upgrades for office, home and yard, spiritual goals such as to deepen personal understanding, travel goals, educational and conference goals, what classes I'd like to take, what new skills I'd like to acquire."

EXCERPT: "What just happened!? A surprised 40 minutes later I was out of my "meeting" and sitting at the table reflecting on pages and pages of what I did not expect to come pouring out of me. It was not unlike the automatic writing that occurs during psychic mediumship sessions but I got the sense of it being dictated to me from those sitting at the table with me. I was surprised at the indepth suggestions I got for organizing my personal time, acquiring personnel and for income sources I'd been overlooking."

EXCERPT: "I asked myself, am I really ready to receive what this process is handing me? Am I ready for my life to change in the way I know it will change?"

EXCERPT: "They have a better memory than I do, which is cool - since we're all One, they can be the brain sometimes. And since I no longer have to worry about the next step, I can let them suggest it, and am no longer surprised when they do."

*Written below is the entire chapter 14 of Napoleon Hill's book **Think And Grow Rich**. The book is available for free at <http://secret2dollars.com/>*



Chapter - 14 The Sixth Sense: The Door to the Temple of Vision - The Thirteenth Step toward Riches

THE “thirteenth” principle is known as the **SIXTH SENSE**, through which Infinite Intelligence may, and will communicate voluntarily, without any effort from, or demands by, the individual. This principle is the apex of the philosophy. It can be assimilated, understood, and applied **ONLY** by first mastering the other twelve principles.

The **SIXTH SENSE** is that portion of the subconscious mind which has been referred to as the Creative Imagination. It has also been referred to as the “receiving set” through which ideas, plans, and thoughts flash into the mind. The “flashes” are sometimes called “hunches” or “inspirations.”

The **sixth sense** defies description! It cannot be described to a person who has not mastered the other principles of this philosophy, because such a person has no knowledge, and no experience with which the sixth sense may be compared. Understanding of the **sixth sense** comes only by meditation through mind development from within. The **sixth sense** probably is the medium of contact between the finite mind of man and Infinite Intelligence, and for this reason, it is a mixture of both the mental and the spiritual. It is believed to be the point at which the mind of man contacts the Universal Mind.

After you have mastered the principles described in this book, you will be prepared to accept as truth a statement which may, otherwise, be incredible to you, namely:

Through the aid of the **sixth sense**, you will be warned of impending dangers in time to avoid them, and notified of opportunities in time to embrace them.

There comes to your aid, and to do your bidding, with the development of the **sixth sense**, a “guardian angel” who will open to you at all times the door to the Temple of Wisdom.

Whether or not this is a statement of truth, you will never know, except by following the instructions described in the pages of this book, or some similar method of procedure.

The author is not a believer in, nor an advocate of “miracles,” for the reason that he has enough knowledge of Nature to understand that Nature never deviates from her established laws. Some of her laws are so incomprehensible that they produce what appear to be “miracles.” The **sixth sense** comes as near to being a miracle as anything I have ever experienced, and it appears so, only because I do not understand the method by which this principle is operated.

This much the author does know—that there is a power, or a First Cause, or an Intelligence, which permeates every atom of matter, and embraces every unit of energy perceptible to man—that this Infinite Intelligence converts acorns into oak trees, causes water to flow down hill in response to the law of gravity, follows night with day, and winter with summer, each maintaining its proper place and relationship to the other.

This Intelligence may, through the principles of this philosophy, be induced to aid in transmuting DESIRES into concrete, or material form. The author has this knowledge, because he has experimented with it— and has EXPERIENCED IT.

Step by step, through the preceding chapters, you have been led to this, the last principle. If you have mastered each of the preceding principles, you are now prepared to accept, without being skeptical, the stupendous claims made here. If you have not mastered the other principles, you must do so before you may determine, definitely, whether or not the claims made in this chapter are fact or fiction.

While I was passing through the age of “hero-worship” I found myself trying to imitate those whom I most admired. Moreover, I discovered that the element of FAITH, with which I endeavored to imitate my idols, gave me great capacity to do so quite successfully.

I have never entirely divested myself of this habit of hero-worship, although I have passed the age commonly given over to such. My experience has taught me that the next best thing to being truly great, is to emulate the great, by feeling and action, as nearly as possible.



Long before I had ever written a line for publication, or endeavored to deliver a speech in public, I followed the habit of reshaping my own character, by trying to imitate the nine men whose lives and life-works had been most impressive to me. These nine men were, Emerson, Paine, Edison, Darwin, Lincoln, Burbank, Napoleon, Ford, and Carnegie.

Every night, over a long period of years, I held an imaginary Council meeting with this group whom I called my “Invisible Counselors.”

The procedure was this. Just before going to sleep at night, I would shut my eyes, and see, in my imagination, this group of men seated with me around my Council Table. Here I had not only an opportunity to sit among those whom I considered to be great, but I actually dominated the group, by serving as the Chairman.

I had a very DEFINITE PURPOSE in indulging my imagination through these nightly meetings. My purpose was to rebuild my own character so it would represent a composite of the characters of my imaginary counselors. Realizing, as I did, early in life, that I had to overcome the handicap of birth in an environment of ignorance and superstition, I deliberately assigned myself the task of voluntary rebirth through the method here described.



BUILDING CHARACTER THROUGH AUTO-SUGGESTION

Being an earnest student of psychology, I knew, of course, that all men have become what they are, because of their DOMINATING THOUGHTS AND DESIRES. I knew that every deeply seated desire has the effect of causing one to seek outward expression through which that desire may be transmuted into reality. I knew that self-suggestion is a powerful factor in building character, that it is, in fact, the sole principle through which character is builded.

With this knowledge of the principles of mind operation, I was fairly well armed with the equipment needed in rebuilding my character. In these imaginary Council meetings I called on my Cabinet members for the knowledge I wished each to contribute, addressing myself to each member in audible words, as follows:

“Mr. Emerson, I desire to acquire from you the marvelous understanding of Nature which distinguished your life. I ask that you make an impress upon my subconscious mind, of whatever qualities you possessed, which enabled you to understand and adapt yourself to the laws of Nature. I ask that you assist me in reaching and drawing upon whatever sources of knowledge are available to this end.

“Mr. Burbank, I request that you pass on to me the knowledge which enabled you to so harmonize the laws of Nature that you caused the cactus to shed its thorns, and become an edible food. Give me access to the knowledge which enabled you to make two blades of grass grow where but one grew before, and helped you to blend the coloring of the flowers with more splendor and harmony, for you, alone, have successfully gilded the lily.

“Napoleon, I desire to acquire from you, by emulation, the marvelous ability you possessed to inspire men, and to arouse them to greater and more determined spirit of action. Also to acquire the spirit of enduring FAITH, which enabled you to turn defeat into victory, and to surmount staggering obstacles. Emperor of Fate, King of Chance, Man of Destiny, I salute you!

“Mr. Paine, I desire to acquire from you the freedom of thought and the courage and clarity with which to express convictions, which so distinguished you!

“Mr. Darwin, I wish to acquire from you the marvelous patience, and ability to study cause and effect, without bias or prejudice, so exemplified by you in the field of natural science.

“Mr. Lincoln, I desire to build into my own character the keen sense of justice, the untiring spirit of patience, the sense of humor, the human understanding, and the tolerance, which were your distinguishing characteristics.

“Mr. Carnegie, I am already indebted to you for my choice of a life-work, which has brought me great happiness and peace of mind. I wish to acquire a thorough understanding of the principles of organized effort, which you used so effectively in the building of a great industrial enterprise.

“Mr. Ford, you have been among the most helpful of the men who have supplied much of the material essential to my work. I wish to acquire your spirit of persistence, the determination, poise, and self-confidence which have enabled you to master poverty, organize, unify, and simplify human effort, so I may help others to follow in your footsteps.”

“Mr. Edison, I have seated you nearest to me, at my right, because of the personal cooperation you have given me, during my research into the causes of success and failure. I wish to acquire from you the marvelous spirit of FAITH, with which you have uncovered so many of Nature’s secrets, the spirit of unremitting toil with which you have so often wrested victory from defeat.”

My method of addressing the members of the imaginary Cabinet would vary, according to the traits of character in which I was, for the moment, most interested in acquiring. I studied the records of their lives with painstaking care. After some months of this nightly procedure, I was astounded by the discovery that these imaginary figures became, apparently real.

Each of these nine men developed individual characteristics, which surprised me. For example, Lincoln developed the habit of always being late, then walking around in solemn parade. When he came, he walked very slowly, with his hands clasped behind him, and once in a while, he would stop as he passed, and rest his hand, momentarily, upon my shoulder. He always wore an expression of seriousness upon his face. Rarely did I see him smile. The cares of a sundered nation made him grave.



That was not true of the others. Burbank and Paine often indulged in witty repartee which seemed, at times, to shock the other members of the cabinet. One night Paine suggested that I prepare a lecture on “The Age of Reason,” and deliver it from the pulpit of a church which I formerly attended.

Many around the table laughed heartily at the suggestion. Not Napoleon! He drew his mouth down at the corners and groaned so loudly that all turned and looked at him with amazement. To him the church was but a pawn of the State, not to be reformed, but to be used, as a convenient inciter to mass activity by the people.

On one occasion Burbank was late. When he came, he was excited with enthusiasm, and explained that he had been late, because of an experiment he was making, through which he hoped to be able to grow apples on any sort of tree. Paine chided him by reminding him that it was an apple which started all the trouble between man and woman. Darwin chuckled heartily as he suggested that Paine should watch out for little serpents, when he went into the forest to gather apples, as they had the habit of growing into big snakes. Emerson observed—“No serpents, no apples,” and Napoleon remarked, “No apples, no state!”



Lincoln developed the habit of always being the last one to leave the table after each meeting. On one occasion, he leaned across the end of the table, his arms folded, and remained in that position for many minutes. I made no attempt to disturb him. Finally, he lifted his head slowly, got up and walked to the door, then turned around, came back, and laid his hand on my shoulder and said, “My boy, you will need much courage if you remain steadfast in carrying out your purpose in life. But remember, when difficulties overtake you, the common people have common sense. Adversity will develop it.”

One evening **Edison** arrived ahead of all the others. He walked over and seated himself at my left, where **Emerson** was accustomed to sit, and said, “You are destined to witness the discovery of the secret of life. When the time comes, you will observe that life consists of great swarms of energy, or entities, each as intelligent as human beings think themselves to be. These units of life group together like hives of bees, and remain together until they disintegrate, through lack of harmony.

These units have differences of opinion, the same as human beings, and often fight among themselves. These meetings which you are conducting will be very helpful to you. They will bring to your rescue some of the same units of life which served the members of your Cabinet, during their lives. These units are eternal. THEY

NEVER DIE! Your own thoughts and DESIRES serve as the magnet which attracts units of life, from the great ocean of life out there. Only the friendly units are attracted—the ones which harmonize with the nature of your DESIRES.”

The other members of the Cabinet began to enter the room. **Edison** got up, and slowly walked around to his own seat. **Edison** was still living when this happened. It impressed me so greatly that I went to see him, and told him about the experience. He smiled broadly, and said, “Your dream was more a reality than you may imagine it to have been.” He added no further explanation to his statement.

These meetings became so realistic that I became fearful of their consequences, and discontinued them for several months. The experiences were so uncanny, I was afraid if I continued them I would lose sight of the fact that the meetings were purely experiences of my imagination.

Some six months after I had discontinued the practice I was awakened one night, or thought I was, when I saw **Lincoln** standing at my bedside. He said, “The world will soon need your services. It is about to undergo a period of chaos which will cause men and women to lose faith, and become panic stricken. Go ahead with your work and complete your philosophy. That is your mission in life. If you neglect it, for any cause whatsoever, you will be reduced to a primal state, and be compelled to retrace the cycles through which you have passed during thousands of years.”

I was unable to tell, the following morning, whether I had dreamed this, or had actually been awake, and I have never since found out which it was, but I do know that the dream, if it

were a dream, was so vivid in my mind the next day that I resumed my meetings the following night.

At our next meeting, the members of my Cabinet all filed into the room together, and stood at their accustomed places at the Council Table, while [Lincoln](#) raised a glass and said, "Gentlemen, let us drink a toast to a friend who has returned to the fold."

After that, I began to add new members to my Cabinet, until now it consists of more than fifty, among them [Christ](#), [St. Paul](#), [Galileo](#), [Copernicus](#), [Aristotle](#), [Plato](#), [Socrates](#), [Homer](#), [Voltaire](#), [Bruno](#), [Spinoza](#), [Drummond](#), [Kant](#), [Schopenhauer](#), [Newton](#), [Confucius](#), [Elbert Hubbard](#), [Brann](#), [Ingersol](#), [Wilson](#), and [William James](#).

This is the first time that I have had the courage to mention this. Heretofore, I have remained quiet on the subject, because I knew, from my own attitude in connection with such matters, that I would be misunderstood if I described my unusual experience. I have been emboldened now to reduce my experience to the printed page, because I am now less concerned about what "they say" than was in the years that have passed. One of the blessings of maturity is that it sometimes brings one greater courage to be truthful, regardless of what those who do not understand, may think or say.

Lest I be misunderstood, I wish here to state most emphatically, that I still regard my Cabinet meetings as being purely imaginary, but I feel entitled to suggest that, while the members of my Cabinet may be purely fictional, and the meetings existent only in my own imagination, they have led me into glorious paths of adventure, rekindled an appreciation of true greatness, encouraged creative endeavor, and emboldened the expression of honest thought.



Somewhere in the cell-structure of the brain, is located an organ which receives vibrations of thought ordinarily called "hunches." So far, science has not discovered where this organ of the [sixth sense](#) is located, but this is not important. The fact remains that human beings do receive accurate knowledge, through sources other than the physical senses. Such knowledge, generally, is received when the mind is under the influence of extraordinary stimulation. Any emergency which arouses the emotions, and causes the heart to beat more rapidly than normal may, and generally does, bring the sixth sense into action. Anyone who has experienced a near accident while driving, knows that on such occasions, the sixth sense often comes to one's rescue, and aids, by split seconds, in avoiding the accident.

These facts are mentioned preliminary to a statement of fact which I shall now make, namely, that during my meetings with the "[Invisible Counselors](#)" I find my mind most receptive to ideas, thoughts, and knowledge which reach me through the sixth sense. I can truthfully say that I owe entirely to my "[Invisible Counselors](#)" full credit for such ideas, facts, or knowledge as I received through "inspiration."



On scores of occasions, when I have faced emergencies, some of them so grave that my life was in jeopardy, I have been miraculously guided past these difficulties through the influence of my [“Invisible Counselors.”](#)

My original purpose in conducting Council meetings with imaginary beings, was solely that of impressing my own subconscious mind, through the principle of auto-suggestion, with certain characteristics which I desired to acquire. In more recent years, my experimentation has taken on an entirely different trend. I now go to my imaginary counselors with every difficult problem which confronts me and my clients. The results are often astonishing, although I do not depend entirely on this form of Counsel.

You, of course, have recognized that this chapter covers a subject with which a majority of people are not familiar. The [Sixth Sense](#) is a subject that will be of great interest and benefit to the person whose aim is to accumulate vast wealth, but it need not claim the attention of those whose desires are more modest.

[Henry Ford](#) undoubtedly understands and makes practical use of the [sixth sense](#). His vast business and financial operations make it necessary for him to understand and use this principle. The late [Thomas A. Edison](#) understood and used the [sixth sense](#) in connection with the development of inventions, especially those involving basic patents, in connection with which he had no human experience and no accumulated knowledge to guide him, as was the case while he was working on the talking machine, and the moving picture machine.

Nearly all great leaders, such as [Napoleon](#), [Bismark](#), [Joan of Arc](#), [Christ](#), [Buddha](#), [Confucius](#), and [Mohammed](#), understood, and probably made use of the [sixth sense](#) almost continuously. The major portion of their greatness consisted of their knowledge of this principle.

The [sixth sense](#) is not something that one can take off and put on at will. Ability to use this great power comes slowly, through application of the other principles outlined in this book. Seldom does any individual come into workable knowledge of the sixth sense before the age of forty. More often the knowledge is not available until one is well past fifty, and this, for the reason that the spiritual forces, with which the sixth sense is so closely related, do not mature and become usable except through years of meditation, self-examination, and serious thought.



No matter who you are, or what may have been your purpose in reading this book, you can profit by it without understanding the principle described in this chapter. This is especially true if your major purpose is that of accumulation of money or other material things.

The chapter on the [sixth sense](#) was included, because the book is designed for the purpose of presenting a complete philosophy by which individuals may unerringly guide themselves in attaining whatever they ask of life. The starting point of all achievement is DESIRE. The finishing point is that brand of KNOWLEDGE which leads to understanding—understanding of self, understanding of others, understanding of the laws of Nature, recognition and understanding of HAPPINESS.

This sort of understanding comes in its fullness only through familiarity with, and use of the principle of the sixth sense, hence that principle had to be included as a part of this philosophy, for the benefit of those who demand more than money.

Having read the chapter, you must have observed that while reading it, you were lifted to a high level of mental stimulation. Splendid! Come back to this again a month from now, read it once more, and observe that your mind will soar to a still higher level of stimulation.

Repeat this experience from time to time, giving no concern as to how much or how little you learn at the time, and eventually you will find yourself in possession of a power that will enable you to throw off discouragement, master fear, overcome procrastination, and draw freely upon your imagination.

Then you will have felt the touch of that unknown “something” which has been the moving spirit of every truly great thinker leader, artist, musician, writer, statesman. Then you will be in position to transmute your DESIRES into their physical or financial counterpart as easily as you may lie down and quit at the first sign of opposition.



HOW TO USE THE INVISIBLE COUNSELORS WORKBOOK

Napolean Hill, in his book **Think & Grow Rich**, writes: “Every night, over a long period of years, I held an imaginary Council meeting with this group whom I called my **“Invisible Counselors.”**”

If this idea or practice is not easy for you to accept, simply play at it, pretend.

Patanjali, author of The Yoga Sutras, and one of the founders of yoga philosophy in ancient India, put it this way: *“When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bonds. Your mind transcends limitations; your consciousness expands in every direction in a new, great and wonderful world. Dormant forces, faculties and talents become alive, and you discover yourself to be a greater person by far than you ever dreamed yourself to be.”*

SETTING THE SCENE

Get yourself in a comfortable place where you can sit undisturbed for at least 20 minutes at a time. You may want to dim the lights and have only a light at your writing pad. I light a candle and burn incense, because that is what I do. You may want to play some soft music with no words in it. I prefer the silence.

LET’S BEGIN

In your mind’s eye, step into a large room with a big conference table in the center. Imagine this room and this table any way you’d like them to be. The table may be oval, it may be rectangular and there are many comfortable, empty chairs around it.

Close your eyes a moment and envision people filing into the room and taking a seat at the table. If there is someone you’d like there, imagine them there. You may only have a few to begin with. Attendance will grow as you continue with further meetings.

WE’LL BEGIN WITH FIVE.

TIME TO WORK: DISCOVER YOUR COUNSELORS



If this idea or practice is not easy for you to accept, simply play at it, pretend at it for the sake of the exercise.

We'll begin with 5 counselors, so you'll get 5 blank spaces for each question, one for each of your counselors to answer. You can always edit this list to add or delete.

Someone is seated to your left. Who are they, or who would you like them to be? _____

Someone is seated to your right. Who are they, or who would you like them to be? _____

Someone is seated directly across from you. Who are they, or who would you like them to be? _____

Someone is seated to the right of the person directly across from you. Who are they, or who would you like them to be? _____

Someone is seated to the left of the person directly across from you. Who are they, or who would you like them to be? _____



**After each question below, ask
each person for their answer**

What should my priorities be at this time?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



About the answers you gave me to “What should my priorities be at this time?” What is the best way for me to make that happen? What concrete first steps may I take to make that happen?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



After each question below, ask each person for their answer

What persons or situations in my life am I giving attention to that is draining me of energy?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



Where are my areas of incompleteness?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



After each question below, ask each person for their answer

What steps may I take to improve my mental health and clarity?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



What persons or situations in my life make me feel inspired and hopeful and enthusiastic?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



After each question below, ask each person for their answer

What does it mean to have a good life?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



EXPLAIN IN A NUTSHELL ONE SITUATION YOU ARE ASKING GUIDANCE ON: _____

Ask each person: Where exactly in this situation do I have choices?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



After each question below, ask each person for their answer

What exactly are my choices?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



In this situation, what do I do that will take me where I want to go?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



After each question below, ask each person for their answer

What is at risk in this situation?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



What are the consequences of continuing with this situation?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



After each question below, ask each person for their answer

I FEEL A SENSE OF OBLIGATION OR RESPONSIBILITY TOWARD SOMEONE THAT I AM READY TO BE FREE OF.

Ask each person: Where exactly in this situation do I have choices?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



No. 5 _____

What exactly are my choices?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



After each question below, ask each person for their answer

No. 5 _____

In this situation, what choice, what action do I make that will take me where I want to go?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



No. 5 _____

What would you do to solve the problem if you were in charge?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



After each question below, ask each person for their answer

No. 5 _____

Name one small step I might take toward a solution:

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



No. 5 _____

What would the highest possible outcome of the problem be?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



After each question below, ask each person for their answer

No. 5 _____

What elements of the situation could be preserved and which need to go?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



No. 5 _____

What would you do to contribute toward a resolution?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



After each question below, ask each person for their answer

No. 5 _____

How can I see the situation in a new way?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



No. 5 _____

How would it feel if things work out as I'd like?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



After each question below, ask each person for their answer.

No. 5 _____

INCOME

What product, service, talent, or idea could I use to earn money?

No. 1 _____

No. 2 _____

No. 3 _____



No. 4 _____

No. 5 _____

How much money could I earn per month as I am successful?

No. 1 _____

No. 2 _____

No. 3 _____



After each question below, ask each person for their answer

No. 4 _____

No. 5 _____

How long will it take to accomplish this?

No. 1 _____

No. 2 _____

No. 3 _____



No. 4 _____

No. 5 _____

What steps do I need to take to accomplish my goals?

No. 1 _____

No. 2 _____

No. 3 _____



After each question below, ask each person for their answer

No. 4 _____

No. 5 _____

I would like to know what my strengths are. Please each name some for me.

No. 1 _____

No. 2 _____

No. 3 _____



No. 4 _____

No. 5 _____

I would like to have a happy life with plenty of money. What should I place my focus more on now to attract more dollars into my life?

No. 1 _____

No. 2 _____

No. 3 _____



After each question below, ask each person for their answer

No. 4 _____

No. 5 _____

What might I be able to do if I were not so afraid, insecure, bored, or disorganized?

No. 1 _____

No. 2 _____



No. 3 _____

No. 4 _____

No. 5 _____

What would look significantly different in my life if I was not bored, insecure, afraid, disorganized?

No. 1 _____

No. 2 _____



After each question below, ask each person for their answer

No. 3 _____

No. 4 _____

No. 5 _____

What opportunities are available to me right now?

No. 1 _____



No. 2 _____

No. 3 _____

No. 4 _____

No. 5 _____



After each question below, ask each person for their answer

ONE BAD HABIT I HAVE IS _____

How is continuing this habit serving me?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



No. 5 _____

What can I really control?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



After each question below, ask each person for their answer

No. 5 _____

How do I sabotage my own success?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



No. 5 _____

Why don't I apply all the good things I learn and know?

No. 1 _____

No. 2 _____

No. 3 _____

No. 4 _____



After each question below, ask each person for their answer

No. 5 _____

Why or for whom am I doing all this?

No. 1 _____

No. 2 _____

No. 3 _____



No. 4 _____

No. 5 _____



MY SESSIONS

This was my script for 8-20-07, I'd often write a daily script to set my intention and prepave my day.

"Fifteen minutes a day of Mind Power is changing my life."

Why not make twice as much money?

"My subconscious mind is my partner in success."

WHAT ARE MY GOALS?

To have a fun and happy life

To live close to friends I enjoy

To live in a large new space

To feel guided in what I do each day

To feel I serve some purpose and do some good

To feel I'm using much of my potential and taking advantage of opportunities

To have compatible friends and associates and to inspire each other in our goals

To be part of something that makes a difference

To find my niche

To attract people who can help me identify my dreams and bring them to fruition.

How much money would I like?

When would I like this money by?

'What I would do if I had a Million Dollars?

MY SESSIONS



The Think and Grow Rich Manifestation Process:

FIRST. Go into some quiet spot (preferably in bed at night) where you will not be disturbed or interrupted, close your eyes, and repeat aloud (so you may hear your own words) the written statement of the amount of money you intend to accumulate, the time limit for its accumulation and a description of the service or merchandise you intend to give in return for the money. As you carry out these instructions, **SEE YOURSELF ALREADY IN POSSESSION OF THE MONEY.**

“By September 15, 2007, I will have in my possession \$15,000, which will come to me in various amounts from time to time between now and then.

This money may come as a return on an investment, or in return for this money I will give ad space or personal services of which I am capable.

“I believe that I will have this money in my possession. My faith is so strong that I can now see this money before my eyes. I can touch it with my hands. It is now awaiting transfer to me at the time, and in the proportion that I deliver the service I intend to render in return for it. I am awaiting a plan by which to accumulate this money, and I will follow that plan, when it is received.”

SECOND. Repeat this program night and morning until you can see, (in your imagination) the money you intend to accumulate.

THIRD. Place a written copy of your statement where you can see it night and morning, and read it just before retiring, and upon arising until it has been memorized.

9-29-07 UPDATE: *I just now had time to go online and figure my deposits from Aug 20th thru Sept 15th. Ok, they were only \$8,524.80 BUT by Sept 29 they were \$15,187. That's double my typical.*



MY SESSIONS

Invisible Counselors 1st council 8-20-07

CHOOSING -- Who will be my Invisible Counselors?

People who are kind and compassionate, who help others become self sufficient, who are generous, creative, artistic and want to help others have better lives.

Brother Jerry because I love him and respect his many talents and capabilities

Ma Yoga Shakti because I feel love and devotion to her in real life and respect her wise counsel and her connection to **Annie Besant** (author of Thought Power circa 1901) and **Master M** (Blavatsky's Master and one of the Mahatmas who inspired the founding of the Theosophical Society.)

Alice Bailey, her work laid a foundation for the consciousness growth movement

Charles Leadbeater for occult work re thoughtforms

DK works for the furthering of spiritual evolution using meditation, and siddhis

KH second ray Love-wisdom master who uses sound as a sacred draw

Brother Lawrence practiced the presence of **God** until he became that presence

Joel Goldsmith, a healer and Christian mystic who taught about invisible supply

Abraham-Hicks has crystal clarity on how it all works in our world today

George Washington Carver - creative genius thru meditating on his object

Paul Bragg health "You are what you "eat, drink, breathe, think, say and do"

Jack LaLanne is a fitness buff and a strong swimmer as well

Stephen Hawking knowledge of relativity and quantum mechanics

Ted Turner, he loved the media, he loved communications

Randolph Hearst built a publishing empire

Louise Hay built a publishing empire

Mother Teresa for perspective

Yogananda for perspective

Dalai Lama for perspective

MY SESSIONS



Invisible Counselors 1st council 8-20-07 continued

I held the first **Invisible Counselors Meeting** this morning predawn and was surprised to get pages upon pages of ideas and suggestions. This is a cool process and I'm glad I rediscovered it.

I imagined 5 of us sitting around the table and beginning the meeting with **3 Oms**. The seating diagram formed as we **Ommmed**. The **Om** was not done by everyone, just 5 of us:

Me, Alice Bailey, DK, KH, Leadbeater.

I entertained the idea of the others being there, but only actually felt the 4 others here.

At the time, I'd been reading the **Alice Bailey** books as well as **Charles Leadbeater, Helena Blavatsky** and doing their occult meditations for 14 years

I was reminded of discovering the word "**amanuensis**" at age 15 and writing it down on page after page after page. I thought back then it meant to be like a secretary. At the time I was fascinated with **Perry Mason** and wanted to be like **Della Street**, his secretary. As it turned out, by age 20 I'd embarked on a 22 year career as a criminal defense paralegal.

In my visualization, after the **Omming**, my brother **Jerry** walked into the room and took a seat at the table. I wondered what he was doing there and he said "**The first thing you have to do is get your website going because it's got the most potential for passive income.**" Then he walked out. I will include him at future meetings.

Afternote: later that morning I opened Jerry's email containing a new proposal for website design he'd written the night before.



MY SESSIONS

Invisible Counselors 2nd council 8-23-07

The same 5 of us convened: me, **Alice Bailey, DK, KH, Leadbeater**. My mom stepped in to tell me to remove my gold bracelet and neckchain when I go in the ocean tomorrow, so it doesn't attract the barracuda. Then she stepped back out. She used to tell me that as a teenager when we'd go to **Bahia Honda**, I'd forgotten about that. I am indeed going in the ocean tomorrow with a friend.

We outlined areas of life to be assessed for goals:

INCOME

MAGAZINE

- Website
- Affiliate banners
- Circulation
- Ads

PRODUCTS

- Astrology reports
- Audio
- CDs
- MP3 files downloadable from site
- Meditation, guided visualization
- Special topics

GHOSTWRITING

VOICEOVER

READINGS

INVESTMENTS

- Stocks
- Annuity
- Real estate
- Rental property: Keep up repairs, update

HEALTH AND FITNESS

- Attract a trainer to tone up and strengthen
- Learn to swim and be comfortable in water (going in ocean tomorrow!)
- Learn more about nutrition and healthy cooking
- Attend yoga classes, don't just do it here
- Do more **YouTube** yoga and aerobics

MY SESSIONS



Invisible Counselors 2nd council 8-23-07 (continued)

ORGANIZATION GOALS

Office supply closets
Shed – turn into a workshop

Attract capable assistance

Office manager
Sales team
Distribution team
Bookkeeper
Tax Accountant

RESIDENCE GOALS

Repair and remodel
Replace sinks
Replace kitchen floor and counters
Install Jacuzzi tub in master bath
Redo tile work around tub
Upgrades yard to be determined

SPIRITUAL GOALS

Deepen personal understanding
Work my workbook
Strengthen confidence in water
via desensitization

TRAVEL GOALS

Visit the stores and say hi, be visible
Attend any conferences that interest me

EDUCATIONAL, CONFERENCE OR PROGRAM GOALS

Do I need to continue getting CEU's?

Do I need to renew licenses?

No need to renew notary, I don't use it.

Take painting classes
Acrylics
Watercolor

Take more Monroe Institute programs
Do some Monroe Gateway Voyaging here
Take some Photoshop classes
Learn to use a Wacom tablet



MY SESSIONS

Invisible Counselors 3rd council 8-27-07

IN ATTENDANCE:

Jesus

Brother Jerry

Ma Yoga Shakti

Randolph Hearst

Alice Bailey

Charles Leadbeater

DK

KH

Brother Lawrence

Joel Goldsmith

Abraham-Hicks

George Washington Carver

Paul Bragg

Jack LaLanne

Stephen Hawking

I am fretting about who should and should not be at the table. And who should be sitting where. I feel I don't want to waste anyone and not make use of them; I don't want them sitting there for nothing. This thought shows me I am not staying mindful of how it all works, since I have fear that their time may be wasted if they are in a passive, inactive mode. Not all empty space must be filled with talk and activity. I would feel honored to sit and be a passive observer at a council table of that magnitude, and they do as well. I need to stay mindful of them at the table as really just a fraction of their "real" selves there in holographic format, which is what is kind of sort of exactly what is happening anyway. That lets me feel easier that I am not tying up their entire selves and putting their lives on hold while they hang at my table.

MY SESSIONS



Invisible Counselors 3rd council 8-27-07 (continued)

Om and prayer

I call all invisible counselors to join me at the conference table

Om

I see a lighted corridor with door open behind conference table and I can watch them file in in silhouette

I know the universe will provide for me in abundance no matter what just because my thoughts stay relatively high for the most part, but I choose specific things to 'want' in order to exercise what I know. I do these exercises to carve those neural pathways, to go thru the mental muscle memory of my mind and become practiced at it so I can do it most effectively and with least effort and teach to others in a way they can do themselves. A way that I know works because I do it on a regular basis.

1. State Objective

2. Old business

- a. Establish a cabinet of counselors, name them and their reason for inclusion.

(Let's just move along with old business and see who shows up while we're in process.)

- b. Establish a course of action to be followed to increase income

Why not make twice as much money?

- c. Br. Jerry is redoing HM website and:

will research affiliate programs etc for me as income

will make my CDs available for download as mp3 files on the site

- d. Astrology reports

- e. Self hypnosis CDs



MY SESSIONS

Invisible Counselors 3rd council 8-27-07 (continued)

I want to be receptive to higher guidance and feel that I may be too passively waiting to see what unfolds and leaving silent time at the table, rather than jumping right to my agenda and asking my questions. Even though it's my council and my table and my process.

Received message *Water gathers in a backwater before it goes over the dam* which I Googled and which took me to www.esotericstudies.net/ where I read from an **Alice Bailey (!!!) talk 11-5-43:

The secret of the spiritual life is simply the secret of manifestation, our bringing forth here on the physical plane that which we know and that which we are and that which we can be. Two things, it seems to me as I study myself, prevent me from doing that: pure laziness, too much effort, too much strain, too much tension, not enough continuity of persistence. Second, my vehicles – mind, emotions, physical body – present hindrances and barriers all the time. I don't see anything else that prevents, and in the clear cold light of reason, I have no leg to stand on because **there is no reason to be lazy and there is no reason we cannot refine our vehicles and make them be what we want them to be**, to own them.

I am referring to bringing into manifestation that which has never appeared before, and **what we lack is that determined attitude** that will put it through. We are spasmodic in our efforts; there is no staying power; we tire; we get bored. It is hard work that must go on week after week and month after month. I can give a grand demonstration for a short time, but it is keeping it up all your life that is difficult. The thing that discourages me is the **lack of will**. Students come and they go; they have no staying power, can't keep meditation regularly, can't do the study work, all kinds of excuses. But it's basically lack of will.

And yet if they get too much help they don't achieve their own point of tension. *Water gathers in a backwater before it goes over the dam.* These things have a time factor. We

MY SESSIONS



Invisible Counselors 3rd council 8-27-07 (continued)

hold on, we get desperate, our tension mounts and we get more and more disturbed. Then something breaks and we go over the dam, and immediately there is a rush of light and life and water. Not only do our own wheels function, but those of others also.

There is a need to put it into practice with some specific goal. This can only be done at the point of tension and with the use of the will. There is a new way of making money available for spiritual work, and it can be done in group formation at the point of group tension by the use of the will. Heretofore we have acquired money by the manipulation of things, by the power of desire, by prayer, by the use of mind, of personality.

We have to think about and picture it. You have to imagine it first. You can reach for it and know it and can be humanly certain that it will be, but until you come close to the point of tension and the will functions, it will not manifest. In order to produce anything, one has to get into a state where the personality drops off and one visualizes the thing and holds to it until something happens, and you reach a point of consciousness where you know the thing will take place. You become identified in your consciousness with the thing, you see it as already happening, you believe it. It is an intense quietude. You have thought into that high place where being is, and you have no doubt that it is going to take place.”

end of passage

Andrea notes to self: I'd told Steve Hart this week I'd first read of manifestation in the Alice Bailey work decades ago and have wanted to find a source online for AAB complete works so I could do a word search to find it to cite the reference for him. Send him this. This also lets me know that me waiting passively for input is less effective since the tension of my question and the intensity of me wanting to know the answer is needed in order to draw forth the response and the answer. Thank you.



MY SESSIONS

Invisible Counselors 3rd council 8-27-07 (continued)

3. New business

- a. Implement a course of action to be followed to increase income
- b. Revise text for website re:
 1. main page
 2. astrology reports
 3. compatibility charts
 4. transit reports
- c. Discover a source to produce my cds for me:
- d. Script and record more audiofiles
- e. Guided meditations on special topics in progress
- f. Attract someone to sell ads for me
- g. Learn how remnant advertising works

Now I am feeling overwhelmed, like all I got was a list of more things to do when my time is limited as it is.

MY SESSIONS



Invisible Counselors 3rd council 8-27-07 (continued)

I know I have to balance play and work and know I do the work of many people by myself. I know I deserve the play time I take and I know that my play time is a key component in my attraction process.

I don't feel like talking back and forth between the council and I, I'd rather feel just all the thoughts coming into my consciousness from no particular source and I'm just typing to get it all down. But then the particular identity never concerns me, it's the vibe of the message, In fact, if someone says "I'm Archangel Michael," then I can be sure it's not.

*Having said that, I note the Theosophists are across from me at the table, Leadbeater to the right hand of AAB across from me, Mataji to AAB's left, KH centers the table on my left and DK centers it on my right. That formed the first time we **Omm**ed and I think it's just to balance the energy at the table since we who anchor it are aware of that element.*

4. Discover a female fitness role model and attract a mentor

I am tired by the time we get to this. Let's see what unfolds:

Ok, well I just put out the request and was told to throw it into the hat, so I threw it in. Worn black, tophat turned upside down in the middle of the table. I assume that means that agenda item is tabled for a later meeting. I'm very tired and energy waning.

5. Reminders

6. Closing



MY SESSIONS

Invisible Counselors 4th council 8-29-07

I call all invisible counselors to join me at the conference table.

IN ATTENDANCE

Jesus

Br. Jerry

Ma Yoga Shakti

Randolph Hearst

Alice Bailey

Charles Leadbeater

DK

KH

Brother Lawrence

Joel Goldsmith

Abraham-Hicks

George Washington Carver

Paul Bragg

Jack LaLanne

Stephen Hawking

Instead of the Om, we began with Amens which felt like a whole different energy, more contained somehow.

1. Old Business

- a. Establish a course of action to be followed to increase income

I was asked to script the OOB Not The Body Astral Flight cd

I was given the script for 3 more tracks

MY SESSIONS



Invisible Counselors 4th council 8-29-07 (continued)

2. New business

*I was shown the image of 2 saplings tied to stakes being stunted and dependent upon the stake for their support. One at a time the stake is removed and the trunk of the sapling isn't strong enough to support itself and they fall each to the ground. I got the image of my friend **V** picking up one sapling, and my cousin **B** picking up the other.*

*I was shown a fastforward version of the sister-enabling story of decades ago where my financial assistance kept her stuck in her rut. I got the image of **Aunt H.** telling me **cousin B** will get along better if he finds his own way and stops nickel and diming the family and losing everyone's respect. He needs to clear up that karma, he doesn't want that backlash. Little does he know that when he stops it, the Universe will pour more \$ onto him than he thought possible to create on his own. I got the image of a father figure around **V** telling her she's smarter than her old dad, don't go his route, he's nothing but an old squandrel. The saplings on the ground were a powerful image, much more so than my telling of it here.*

*I got the image of **Cecelia D's Achilles tendon** and did a pranic healing session on it and then prayed the healing bench in my mind.*

Note to self: *I will have to stick to the agenda and meeting format and not dissolve into other visualizations.*



MY SESSIONS

Invisible Counselors 5th council 8-31-07

IN ATTENDANCE

Jesus

Br. Jerry

Ma Yoga Shakti

Randolph Hearst

Alice Bailey

Charles Leadbeater

DK

KH

Brother Lawrence

Joel Goldsmith

Abraham-Hicks

George Washington Carver

Paul Bragg

Jack LaLanne

Om and prayer

I call all invisible counselors to join me at the conference table

1. State Objective

a. Old Business: Establish a course of action to be followed to increase income

1. Was given the EDR script

2. Was given the ZOM script

b. New business

**none right now*

MY SESSIONS



Invisible Counselors Council 3-18-08

IN ATTENDANCE

Jesus

Br. Jerry

Ma Yoga Shakti

Randolph Hearst

Alice Bailey

Charles Leadbeater

DK

KH

Brother Lawrence

Joel Goldsmith

Abraham-Hicks

George Washington Carver

Paul Bragg

Jack LaLanne

Om and prayer

I call all invisible counselors to join me at the conference table

State Objective

Old business

Was given the Stop smoking script

Asked to revise the Healthy Eatng script which I did

I was given the DW script



This is a sample of how my sessions went with the Invisible Counselors. This process has been really illuminating for me and enables me to get many different viewpoints on the same question. The members feel very real to me as we are in session. The sessions have been of great benefit to me, giving me a lot of relevant, useable information. I'd love to hear feedback on how your sessions went and what information you discovered.

Email Andrea at horizonsmagazine@gmail.com

THE INVISIBLE COUNSELORS WORKBOOK

by **Andrea de Michaelis** Copyright 2007 All rights reserved

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About Andrea de Michaelis

Andrea de Michaelis is a writer, visionary and publisher of [Horizons, Florida's mind/body/spirit magazine since 1992.](#)

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Questions? Comments?
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*Andrea de Michaelis
2020*



Your Questions:

**For every question you have,
do one of these sheets, asking
each counselor for their advice**

The situation in a nutshell: _____

What is your question? _____

THEIR ADVICE:

Counselor No. 1 _____

Counselor No. 2 _____



Counselor No. 3 _____

Counselor No. 4 _____

Counselor No. 5 _____



Your Notes:



The Invisible Counselors WORKBOOK



Andrea de Michaelis
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